**Grits, Cheesy Grits   (Ray)

Ingredients:**

1 cup Water
¼ tsp Salt
⅓ cup Dandy 5 Minute Grits
½ cup shredded Sharp Cheddar Cheese
⅓ cup Butter
2 oz Milk
1 Egg
Salt, Pepper and Cayenne Pepper
(Collect & measure-out all ingredients; this recipe goes fast!)

**Instructions:**In a 2 cup, microwave proof Bow (that has a lid)
 Add 1 cup of water with ¼ tsp of salt (without the lid) Microwave on high for 2 mins. stir
 Mic. for 30 sec. stir againAdd ½ cup of shredded Sharp Cheddar Cheese mix wellAdd ⅓ cup of butter mixAdd 2 oz Milk mixAdd 1 egg mix in well
Add Salt and Pepper mixSprinkle Cayenne Pepper on topPut lid on and mic. of 5 minutes Stir and let set for 3 minutes.

Servers 2 or 3 (or 1 very hunger person!)

**Bon Appétit**